HELP YOUR EMPLOYEES QUIT TOBACCO

There's never been a more important time to quit tobacco. Support your employees who want to quit by promoting the Great American Smokeout. You'll protect their health and your bottom line with a healthier, more productive and less expensive workforce.

QUIT **YOUR** WAY

PHONE QUIT
Talk to a Quit Coach® to help you get started.

WEB QUIT
Get access to online tools to help you quit.

MORE QUIT TOOLS
But wait, there are more ways to quit! Choose what you need or use them in addition to our Phone, Group and Web services.

GROUP QUIT
Get the support you need at one of our group quit sessions.

HERE'S HOW

Provide employees with access to proven-effective tobacco cessation (and Affordable Care Act-required) medications and counseling.

Four quit smoking counseling sessions, all seven FDA-approved quit smoking medications, and two quit attempts are required preventative services under the Affordable Care Act.

Any Floridian, regardless of insurance coverage, can access Tobacco Free Florida's Quit Your Way tools and services at no cost.

Making a workplace tobacco free (including electronic cigarettes) supports employee quit attempts by reducing exposure to secondhand smoke and addiction triggers.

1-877-U-CAN-NOW | 1-877-822-6669 | tobaccofreeflorida.com/quityourway
For assistance or more information, visit tobaccofreeflorida.com/current-issues/tobacco-free-worksites.

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